

START TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:30am						<b>KONGA</b> Starts 16 <sup>th</sup> April
8:30am			<b>BETTER BALANCE &amp; CARDIO</b> Starts 13 <sup>th</sup> April			
9:00am	<b>PILATES</b> Starts 11 <sup>th</sup> April	<b>PILATES</b> Starts 26 <sup>th</sup> April		<b>Platinum Circuit</b> Starts 14 <sup>th</sup> April	<b>Tai Chi Beginners</b> Starts 29 <sup>th</sup> April	
				<b>Yoga</b> Starts 14 <sup>th</sup> April	<b>Toned &amp; Strong</b> Starts 22 <sup>nd</sup> April	
9:15am	<b>PILATES</b> Starts 11 <sup>th</sup> April		<b>POWERLIFT</b> Starts 13 <sup>th</sup> April		<b>ZUMBA</b> Starts 22 <sup>nd</sup> April	
9:30am	<b>Hatha Yoga</b> Starts 2 <sup>nd</sup> May		<b>Hatha Yoga</b> Starts 27 <sup>th</sup> April			
			<b>Toddler Bop</b> Starts 27 <sup>th</sup> April			
10:00am		<b>PILATES</b> Starts 26 <sup>th</sup> April	<b>Tiny Tots Ballet (2-5 yrs)</b> Starts 27 <sup>th</sup> April	<b>Tiny Tots Ballet (2-5 yrs)</b> Starts 28 <sup>th</sup> April	<b>Tai Chi Continuing</b> Starts 29 <sup>th</sup> April	
10:15am						<b>PILATES</b> Starts 16 <sup>th</sup> April
10:30am	<b>POWERLIFT</b> Starts 11 <sup>th</sup> April		<b>PILATES</b> Starts 13 <sup>th</sup> April		<b>Platinum Circuit</b> Starts 22 <sup>nd</sup> April	
	<b>Platinum Circuit</b> Starts 11 <sup>th</sup> April		<b>Platinum Circuit</b> Starts 13 <sup>th</sup> April			
	<b>ZUMBA *new*</b> Starts 2nd May					
11:00am						
6:00pm		<b>PILATES</b> Starts 26 <sup>th</sup> April		<b>PILATES</b> Starts 14 <sup>th</sup> April		
6:15pm				<b>PILATES</b> Starts 28 <sup>th</sup> April		
6:30pm	<b>Tai Chi Beginners</b> Starts 2 <sup>nd</sup> May					
6:45pm	<b>KONGA</b> Starts 11 <sup>th</sup> April					
	<b>Hatha Yoga</b> Starts 2 <sup>nd</sup> May					
7:15pm		<b>Jazz Dance (adults)</b> Starts 26 <sup>th</sup> April				

Please note, classes do **not** run on public holidays.  
Classes will run contingent on minimum numbers enrolled in classes.